

Curriculum Vitae

1. Applicant Information

Dr. Ashok Patil M.D Ph.D

Principal and Medical Director

BLDEA's AVS Ayurveda Mahavidyalaya and Research Hospital

Shahapur, Belagavi, Karnataka - 590003

91- 99725- 83954,

drashu2727@gmail.com

2. Qualification

Ph.D (Swasthavritta)- S.D.M. College of Ayurveda and Hospital. Hassan – April,2016

M.D. (Swasthavritta) - S.D.M. College of Ayurveda and Hospital. Hassan - 'A' Grade – 2004-2007

B.A.M.S. – Shri D.G.M. Ayurvedic Medical College and Hospital. Gadag - 70.18% - April 2002

Professional Portfolio

Part I: Professional History

1. Employment History

Post held	From – to	Institutions/organizations
Lecturer	01-05-07 to 30-12-07	Ramakrishna Ayurvedic Medical College, Bangalore, Karnataka
Lecturer	02-01-08 to 30-06-08	Sri Sri College of Ayurvedic Science and Research, Bangalore, Karnataka
Lecturer	01/07/2008 to 01/05/2013	DGM Ayurvedic Medical college and Hospital, Gadag, Karnataka
Assistant professor/ Reader	02/05/2013 to 16/12/2017	
Professor	17/12/2017 to 30.12.2017	
Professor	01.01.2018 to 31-05-2025	KLE'S Shri B M Kankanawadi Ayurveda Mahavidyalaya, Belagavi, Karnataka
Principal	02-06-2025 to till date	BLDEA's AVS Ayurveda Mahavidyalaya and Research Hospital, Vijayapura, Karnataka
Total experience		Above mentioned Institutions

2. Administrative/Executive Appointments and Positions

Sl no	Designation	Date of appointment and tenure
1	External expert for NAIN projects - BLDUDU	25.04.2026
2	Member of committee for collaboration and community of BLDEDU	04.04.2026
3	Member of Advisory committee of NCISM National Examination board, New Delhi	
4	Principal and Medical Director, BLDEA's AVS Ayurveda Mahavidyalaya and Research	02.06.2025

Dr. Ashok Patil MD (Ayurveda Community Medicine), Ph.D (Community Medicine- Ayurveda)

	Hospital, Vijayapura, Karnataka	
5	Head of the Department of Swasthavritta and Yoga, DGM Ayurveda Medical College and Hospital, Gadag, Karnataka	05 years
6	Head of the department of Swasthavritta and Yoga, KAHER's Shri B M K Ayurveda Mahavidyalaya and Hospital, Belagavi, Karnataka	08 years
7	Chairman- Board of Studies, Pre para clinical subjects Ayurveda, KAHER, Belagavi	19-08-2024
8	PG Coordinator, KAHER's BMKAM&HMRC, Belagavi, Karnataka, KAHER	30.12.2019
9	Committee member –BoS, KAHER Deemed to be University	01.02.2020
10	Committee member –FoA, KAHER Deemed to be University	11.02.2020
11	Dean – Student Affairs, KAHER's BMKAM&HMRC, Belagavi, Karnataka	20.01.2023
12	Organizing Secretary, Swasthayu 2K22 International Conference on Swasthavritta and Yoga	18-11-2022
13	Member in Task force for the Ayurveda course of Ayurveda Training Accreditation Board (ATAB) under RAV, Ministry of Ayush, Govt. of India	12.04.2024
14	Doctoral committee member for 2023-24 batch scholars	13-01-2024
15	Member - Hostel Development committee of KAHER BMKAMV, Belagavi	03-01-2024
16	Member – Flying squad committee of KAHER BMKAMV, Belagavi	02 -01-2024
17	MPH guide from Dept of Public Health, JNMC, KAHER Belagavi	12.04.2024
18	RGUHS – External subject expert for PhD preliminary synopsis	31-08-2023
19	Awardee for excellence in Information Technology in Ayush Sector 2019	17-03-2020
20	Coordinator – Unani day celebration	11-02-2023
21	Coordinator – Ayurveda Day celebration	29-09-2023
22	UG – CBDC NCISM expert	30-09-2024
23	PG - CBDC NCISM expert	
24	QCI Assessor of ASU Institutions	25-09-2024
25	Member - Institutional IQAC committee for the year 2024	01-07-2024
26	Member secretary – Human Resource Development Committee	04-11-2024
27	Experts from Ayush systems of Medicine to prepare the guidelines for TCCs in Ayush Institutions	10-12-2024
28	Expert for finalizing yoga module for cancer and palliative care from MDNIY, New Delhi	31-07-2024
29	Chief Consultant at SUMEDA Specialty OPD unit, KLE Ayurveda Hospital, Belagavi, Karnataka	May 2019
30	Member secretary, KLE AyurYoga committee, KAHER's BMKAM&HMRC, Belagavi, Karnataka	11.03.2019
31	Member, ICT enabled teaching training cell	01.02.2019
32	Member, NSS advisory committee, KAHER's BMKAM&HMRC, Belagavi, Karnataka	26.04.2018
33	Coordinator – Fellowship Program in Sthoulya, KAHER, Belagavi	May 2020
34	Member of UDEHP committee, KAHER, Belagavi,	01.02.2018
35	Coordinator – Azadi Ka Amrit Mahotsav campaign, KAHER, Belagavi	01.08.2021
36	Coordinator – NAAC Criteria VI, BMKAMC, KAHER, Belagavi	06.01.2023
38	Recognized as Member, PhD advisory committee RGUHS, Bangalore	25.07.2018
39	Examiner for Pre-PhD Viva examinations from RGUHS, Bangalore Karnataka	19.12.2019
40	Examiner for Research M and Biostatistics, Amrita School of Ayurveda, Kollam, Kerala.	08.11.2019
41	Visitor – NCISM for ASU Colleges	02.09.2022
42	Member, Flood relief activity force, Belagavi	12.08.2019
43	Professional Coordinator, Third BAMS, BMKAMC, Belagavi	31.07.2018
44	Chief Coordinator, Feedback and Evaluation section, BMKAMC, Belagavi	24.04.2018

Dr. Ashok Patil MD (Ayurveda Community Medicine), Ph.D (Community Medicine- Ayurveda)

45	Subject Expert, PhD Registration Committee, RGUHS, Bengaluru, Karnataka	01.08.2022 & 31.08.2023
46	CoVID 19 Task Force member, BMKAMC, Belagavi	17.07.2020
47	Mentor, Third Professional BAMS, BMKAMC, Belagavi	23.08.2018
48	PG Teacher, KAHER's BMKAM&HMRC, Belagavi, Karnataka	23.05.2020
49	Ph.D Guide, KAHER's BMKAM&HMRC, Belagavi, Karnataka	01.01.2019
50	Flying Squad, Examination section, KAHER, Belagavi,	10.12.2020
51	Coordinator –NCISM Elective course, 'Fundamentals of Ayurveda'	17.10.2022
52	External Evaluation of Research proposals of RGUHS, Bengaluru for the 2023-24.	20.07.2023
53	PhD doctoral research committee member at Amrita School of Ayurveda, Kollam, Kerala.	27.07.2023

3a. Professional Development in Advanced Health Professions Education or Management

01. Naturopathy Orientation Course – SDM Yoga & Nature Cure College and Hospital. Ujire, karnataka
02. Yoga Therapy orientation Course – Swamy Vivekananda Yoga Anusandhana Samstamna.Bangalore.Karnataka
03. Panchakarma Reorientation Programme – Shri D.G.M.College.Gadag
04. Reorientation training Programme for Teachers in Swasthavritta – Sri BMK Ayurveda mahavidyalaya, Belagaum.Karnataka
05. Work shop on teaching Methodology of Ayurveda – Sri BMK Ayurveda mahavidyalaya, Belagaum, Karnataka

Part II: Professional Accomplishments

4a. Health Professions Education Publications (Articles, monographs, chapters, books)

SN	Author	Title	Journal with year, Volume and Page Number	Index ed in	Index (ISSN) and I.factor of Journal	Citation/Link
1	Swathi BR, Ashok Patil, Giridhar Vedantham, Anil Koralli, Amulya Murthy Aku	Effect of Modified Diet over Routinely Practiced Diet on <i>Kaphotkleshana</i> in <i>Vamana Karma</i> – A Randomised Controlled Clinical Study	Annals of Ayurvedic Medicine Vol. 14 Issue 3.1 (Special Issue) Jul-Sept, 2025 doi: 10.5455/AAM.139452	DOAJ (Directory of Open Access Journals)	E-ISSN 2347-6923 ISSN N 2277-4092	https://www.aamjournal.in/fulltext/70-1640541705.pdf?1760927592
2	Vidya Gani, Keertan, Ashok Patil	Efficacy of <i>Shigru Patra Kashaya</i> (Moringa oleifera) and structured yoga protocol in the management of obesity: A case series.	Jour. Of Ayurveda & Holistic Medicine, Vol.-XIII, Issue-VIII (Aug. 2025). https://doi.org/10.7006/jahm.v13i8.2266	Scopus		https://www.akinik.com/products/2281/journal-of-ayurveda-and-holistic-medicine-jahm
3	A. M. Naveen, Sholly Elizabeth Kuruvilla, Ashok Patil	The Interplay between Gut Microbiota and Amavata: An Ayurvedic and Modern Perspective	International Research Journal of Ayurveda & Yoga Vol. 8(9), pp. 18-23, September, 2025 Available online at http://irjay.com	Google scholar	ISSN: 2581-785X DOI: 10.48165/IRJAY.2025.80903	https://irjay.com/index.php/irjay/article/view/1518
4	Dr. Swasthik1, Dr. Ashok	Evaluating The Efficacy Of Ayurvedic	American Journal of Psychiatric	scopus	Doi: 10.69980/a	https://ajprui.com/index.php/ajpr

	Patil2*	Dietary Interventions In Reducing Inflammation And Amavata (Rheumatoid Arthritis) Symptoms: A Comprehensive Review	rehabilitation Vol. 28 No. 1 (2025) April		jpr.v28i1.1 56 1548-7776	/article/view/156/126
5	Dr. Swasthik1, Dr. Ashok Patil2	Investigating the Role of Ahara (Diet) in the Etiopathogenesis of Amavata: An Ayurvedic Perspective	Metallurgical and Materials Engineering Vol 31(4) 2025p. 117-129 ISSN: 2217-8961	Scopus, Web of science	Metall. Mater. Eng. Vol 31(4) 2025p. 117-129	https://metall-mater-eng.com/index.php/home/article/view/1413/781
6	Naveen. A. M Padmaveer. P.S Ashok Patil	Pharmaceutico-Analytical Evaluation of Ashwagandha Tablet – A Contemporary Ayurveda Dosage Form commonly used in Psychiatric Disorders	American Journal of Psychiatric rehabilitation DOI: https://doi.org/10.69980/ajpr.v28i1.171	Scopus Web of science	1548-7776 Vol. 28 No. 1 (2025): American Journal of Psychiatric Rehabilitation	https://ajprui.com/index.php/ajpr/article/view/171
7	Vidya P Gani1 , Padmaveer PS2 , Ashok Patil3	Ayurveda based Non Pharmacotherapeutic Integrated Intervention in Sandhivata w.s.r. to Osteoarthritis	Journal of Ayurveda and Integrated Medical Sciences July 2024 Vol. 9 Issue 7	Google Scholar	ISSN: 2456-3110	https://www.jaims.in/jaims/article/view/3606
8	Sandeep Sagare, Patil A, BS Prasad, Kadambari	Impact of consistent and standardized administration of peyadi Samsarjana Krama in Post vama virechana protocols: Aquasi Randomised control trial.	International Journal of Pharmaceutical Investigation, Vol 14, Issue 3, Jul-Sep, 2024	Web of science	ISSN : [Print -2230-973X, Online - 2230-9713]	https://jpionline.org/article/33443/
9	Amal S. Chandran1*, Ashok Patil1, Sanjiv Kumar2, Krishika Muralidharan3 and Sreeja V. Kaimal	Emblica officinalis Gaertn. (Amalaki): A Natural Herbal Remedy to Enhance Cardiorespiratory Fitness in Ayurveda - An In Silico Molecular Docking Approach	JOURNAL OF NATURAL REMEDIES October 2023, Vol 23 (4) October 2023	Scopus	ISSN: 2320-3358 DOI: 10.18311/jnr/2023/34637 Accepted: 16.09.2023	https://www.informaticsjournals.com/index.php/jnr/article/view/34637/22957
10	Ashok Patil, Sanjeev Shivappa	Swasthaya 2k22, Towards Healthy Living: An Event	Indian Journal of Ayurveda and Integrative Medicine	DOAJ	DOI: 10.4103/ijaim.ijaim_50	

	Tonni, Sandeep S. Sagare, Amal S. Chandran, Shruthi S. Shet	Report	KLEU / Volume 4 / Issue 2 / July-December 2023 Submitted: 05-Oct-2023, Revised: 23-Nov-2023, Accepted: 28-Nov-2023, Published: 15-Jan-2024		_23 https://journals.lww.com/ijai	
11	Sandeep Sagare, BS Prasad, Patil A	Standardization of serving size of Peyadi samsarjana Krama	The Journal of Oriental Research MADRAS Vol XCIV-VI: 2023 ISSN 0022-3301 UGC-CARE List Group II impact Factor7.193	UGC - CARE List (India)	ISSN 0022-3301	https://drive.google.com/file/d/1lt2eY0oTHfLSQJyJTBmxEpOaVDKC1or/view?usp=drive_link
12	Amulya Murty Aku, Patil A	Understanding cancer etiology: A review of the evidence-based Ayurvedic framework of cancer etiologies	AYU Volume 43 / Issue 1 / January-March 2022 Published: 24-Jun-2023	Pubmed, UGC care	ISSN : 0974-8520	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10405889/
13	Jyoti, Patil A, Savita A	Combating Occupational Noise Induced Hearing Loss By Karnatarpana An Ayurvedic Daily Regimen- A Short Review	International Journal of Research and Analytical Reviews (IJRAR) 2023 IJARAR June 2023, Volume 10, Issue 2	Google scholar	www.ijrar.org (E-ISSN 2348-1269, P-ISSN 2349-5138)	https://www.ijrar.org/viewfull.php?&p_id=IJRAR23B3990
14	Amulya Murty Aku, Patil A, Sanis Mukund	The nexus of adipose tissue (Meda Dhatu) dysfunction and impaired nutritional metabolic health in obesity: A Literature Review	JATMS Volume 28 JATMS Summer 2022 211 Issue 4 Published June 2023		13263390 0.036 (2019)	https://drive.google.com/file/d/1qZ6Pi3_mXosBhEbH3DoLv9Z701M_1ZKY/view?usp=drive_link
15	Prasad B.S. Patil A, Amulya Murthy Aku, Ketaki J. Gampawar	PREPARATION OF SUGAR-FREE WHEAT THROUGH ANCIENT INDIAN PROCESS” – AN ANALYTICAL STUDY	Journal of Ayurveda, January 2022 Medknow Accepted: 22-Jan-2022 Published: 29-Mar-2023	Scopus, pubmed	2321-0435	https://journals.lww.com/joay/fulltext/2023/17010/_preparation_of_sugar_free_wheat_through_ancient.6.aspx
16	Ruddri Rawal, Patil A	A Novel Strategy For Minimising The Negative Effects Of The Keto Diet And Obtaining A High-Fat, Moderate-Protein	International Journal of Food and Nutrition Sciences, UGC CARE Listed (Group -I) Journal Volume 11,S Iss 3, ISSN			https://ijfans.org/issue-content/a-novel-strategy-for-minimising-the-negative-effects-of-the-keto-diet-

		Eating Plan Through Ayurveda	PRINT 2319 1775 Online 2320 7876 Jan 2023			and-obtaining-a-high-fat-moderate-protein-eating-plan-through-ayurveda-3381
17	Jyoti, Patil A	ROLE OF AYURVEDIC DIETETICS IN PRESERVING MENTAL HEALTH	World Journal of Pharmaceutical Research Accepted on 04 Jan. 2023 Vol 12, Issue 2, 2023. www.wjpr.net		2277-7105 Impact Factor 8.084	https://www.wjpr.net/abstract_file/21279
18	Amulya Murthy Aku, Patil A,	Ayurvedic Nutraceuticals w s r to seasonal Regimen and natu foods. A brief Review.	International Journal of Agro Nutri food Practices, 2021 Volume 1.Issue 2, July-2021,PP.16 -18		2583-066 (online)	https://ijanp.com/article/ayurvedic-nutraceuticals.pdf
19	Amulya Murthy Aku, Patil A,	Yoga a solution of Pandemic? wsrt role of Yoga in Mental Health	Journal of Ayush, November 2021,		eISSN:2278-2214	
20	Amulya Murthy Aku, Patil A,	RISK FACTORS CANCER AND A BLUE PRINT OF AYURVEDIC MODALITIES TO PREVENT THESE RISK FACTORS	AYUHOM 2022 Medknow Published: 29-06-2022 DOI: 10.4103/AYUHOM.AYUHOM_48_21 © 2022 AYUHOM Published by Wolters Kluwer - MedknowAYUHOM Volume 8 Issue 2 July-December 2021		ISSN Print: 2349-2422	https://journals.lww.com/ayuh/fulltext/2021/08020/blue_print_of_ayurvedic_modalities_to_prevent_risk.3.aspx
21	Amulya Murthy Aku, Patil A,	Pathya and Apathya – An Ayurvedic Framework of wholesome and unwholesome diet, behavioural and Mental Health Regimen for Sthaulya – A Narrative Review	IJRAP 2022 IJAPR April 2022 Vol 10 Issue 4	UGC care	ISSN 2277-4343 ISSN: 2322-0902 (P) ISSN: 2322-0910 (O)	https://www.researchgate.net/publication/360350774_Pathya_and_Apathya_-_An_Ayurvedic_Framework_of_Wholesome_and_Unwholesome_Diet_Behavioral_and_Mental_Health_Regime_for_Sthaulya_a_-_A_Narrative_Review
22	Amulya Murthy Aku, Patil A,	Sthaulya, Ama, and Meda Dhatu - The dysfunctional	International Journal of Research in Ayurveda and		ISSN: 2322-0902	https://www.academia.edu/106098179/Sthaulya_Ama_

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		nutritional metabolism WSRT Oxidative stress: A narrative review	Pharmacy Amulya Murthy Aku et al / Int. J. Res. Ayurveda Pharm. 13 (4), 2022 95 Review Article www.ijrap.net (ISSN Online:2229-3566, ISSN Print:2277-4343)			and_Meda_Dhatu_the_Dysfunctiona l_Nutritional_Metabolism_with_Special_Reference_to_Oxidative_Stress_A_Narrative_Review?uc-sb-sw=56476625
23	Amulya Murthy Aku, Patil A,	Understanding Nutraceuticals and Functional Foods in Ayurvedic Framework wsrtAjasrika-Sarpi-Dugdha : A Review	IAMJ Accepted for Publication: 30/04/2022 doi:10.46607/iamj1910052022		2320-5091 ISSN: 2320-5091 Impact Factor: 6.719	https://iamj.in/search_results/?search=Amulya+Murthy+Aku
24	Amulya Murthy Aku, Patil A,	Insight to Bhava SwabhavaNityatva of Ayurveda in VikaraPrashamanam.	WJPR ISSN 2277- 7105 Volume 11, Issue 5, 2244-2249 DOI: 10.20959/wjpr20225-24010 Accepted on 26 April 2022		2277-7105	https://wjpr.net/public/abstract_show/19354
	Amulya Murthy Aku, Patil A,	“Samatva” – The Ayurvedic View Point of Homeostasis : A Narrative Review	Mantech Publications Swasthavritta- A Journal on Diet, Hygiene, Yoga & Naturopathy Volume 1 Issue 1 Page 1-12 © MANTECH PUBLICATIONS 2022.			https://drive.google.com/file/d/1isMf7Re4nNk8vFY28DliKnddWUzJdIJy/view?usp=drive_link
25	Jojan J. Jerone, Ashok Patil, Savita S. Angadi1 , Amal S. Chandran	Effect of Yoga Protocol in Primary Snoring: A Pilot study	Journal of Ayurveda September 2022 Accepted: 18-Sep-2022 Published: Published: 06-Jul-2023 DOI: 10.4103/joa.joa_144_22 Journal of Ayurveda Volume 17 Issue 2 April-June 2023	Pub med UGC care	2321-0435	https://journals.lww.com/joay/fulltext/2023/17020/effect_of_yoga_protocol_in_primary_snoring__a.6.aspx#:~:text=Yoga%20protocol%20has%20shown%20significant,the%20management%20of%20primary%20snoring.
26	Patil A, Tripathy T B, Mallika K J	Oral Health Survey Village Population With to Oral Hygienic practices	International Ayurvedic Medical Journal. July August 2013; 1(4).		2320-5091	https://iamj.in/search_results/?search=patil+ashok
27	Patil A, Tripathy T B.	Preventive Oral hygiene measures for	Indian Journal of Ancient Medicine &		pISSN 0974-	https://rfppl.co.in/view_abstract.php

		the maintenance of oral health.	Yoga. Sep-Dec 2015; 8(3); 141-146.		6986, eISSN 0974 - 6994	?jid=1&art_id=2461
28	Patil A.	Circadian rhythm of semen.	Ayurvedline. February 2011			
29	Patil A.	Pranayama – A critical analysis.	Indian Journal of Ancient Medicine & Yoga July – September 2010; 3(3): 109-111		pISSN 0974-6986, eISSN 0974 - 6994	https://rfppl.co.in/view_abstract.php?jid=1&art_id=54
30	Patil A.	ShakaharaMahatwam (Analysis on benefits of vegetarian food).	Nisargopacharavarta. February 2007; 09-10.			
31	Patil A.	Dugdasyamahatwam (Analysis of different type of milk).	Ayurveda and all. March 2008; 47-49			
32	Patil A.	Principles of Nutrition in Ayurveda.	Renaissance. July – Sept 2009; 19			
33	Patil A.	Critical Analysis on Pranayama	Nisargopachara Varta. November 2009.			
34	Patil A	Critical analysis of exercises in Ayurveda	Renaissance. April– June 2008;20.			
35	Patil A	Ayurvedic Management of Pain in Heel	Global Ayurveda.Feb-March 2008; 06-13			
36	Patil A	Concept of Buddhi in Ayurveda	Renaissance. Jan-March 2007; 7-10			
37	Patil A	Multidimensional beneficiary Effect of Jyoti Trataka	Nisargopacharavarta. June 2007; 14-16			
38	Patil A.	RaktadimardamPratish edopaya	Atharva-2006. DGMAMC&H. Gadag.			
39	Patil A	Preventive measures in Hypertension	Renaissance. July-Sept 2006; 7-10			
40	Patil A	Effect of Different Modules of Yoga and Nature cure techniques in OA.	Nisargopacharavarta. Index Journal of National Institute of Naturopathy.(Govt of India, Ministry of Health and Family Welfare, Department of AYUSH. April 2006; 21-23			
41						

5. Health Professions Education-related Grants/Funding

5a. Projects handled/Handling

Sl. no	Title of the Project(S)	Period (From to)No of years	Budget	Funding agency	PI or Co PI	Status of the Project (Completed /ongoing)
01	“Evaluation of Hepatoprotective activity of PTK as add on therapy in the patients of Tuberculosis on ATT - A Double-blind Randomized control clinical study” -CCRAS collaborative Project – initiated from March 2021.	March 2021 to September 2025	Rs 66,89,830/-	CCRAS, New Delhi	PI	Ongoing
02	Analytical preclinical and clinical evaluation of partially digested wheat grains for anti- diabetic activity	February 2021 – December 2022	Rs 50,000/-	KLE’s Academy of Higher Education and Research, JNMC Campus, Belagavi, Karnataka	PI	Completed And article is published
03	Synthesis and analytical study of novel nutritional product: A Exploratory study --	February 2021 – December 2023	Rs 50,000/-		PI	Completed And yet to be presented before IRC
04	“NOVEL INTEGRATED APPROACH IN MANAGEMENT OF OBESITY WSR TO HYPERTRIGLYCERIDEMIA– A RANDOMIZED CONTROL CLINICAL TRIAL”	January 2023	Rs 1,00,000/-		PI	Completed And article is submitted. Audit is awaited.
05	“EFFECT OF ANU TAILA PRATIMARSHA NASYA IN ALLERGIC RESPONSE-A RANDOMIZED CLINICAL TRIAL”DR. ALOK	November 2023	Rs 25,000/-	KAHER’s Seed Money projects for PG scholars	Co - PI	Ongoing
06	“EFFECT OF NITYA SHIRA AND PADA ABHYANGA & KARNA POORANA ON QUALITY OF SLEEP-AN OPEN LABELLED CLINICAL TRIAL” DR. ASTHA	November 2023	Rs 25,000/-			On going
07	Effect of exercise protocol & yoga protocol as an addon therapy in the management of knee osteoarthritis among the elderly population – a randomized comparative clinical study’ - DR.NAVEEN	November 2023	Rs 25,000/-			On going
08	Novel integrated approach in	June 2024	Rs	KLE’s	PI	Ongoing

	management of knee osteoarthritis – a randomized control clinical trial		1,00,000/-	Academy of Higher Education and Research, JNMC Campus, Belagavi, Karnataka		
09	“Homeopathy & Ayurveda integrated approach in management of primary insomnia– a randomized control clinical trial.”	June 2024	Rs 1,00,000/-	KLE’s Academy of Higher Education and Research, JNMC Campus, Belagavi, Karnataka	CO-PI	Approved and study is initiated

6a. Health Professions Education Conferences/Presentations/Workshops – data

Conference/Workshops	State level	National level	International
2004-2025	130	25	04

6b. Other Conferences/Presentations/Workshops

MAJOR INTERNATIONAL Conference/ SEMINAR

Sn	Name of conference	As deligate/resource person/ Organizer	Date and venue	Organizer
	Anusandhana 2025	Organizer	2025	BLDEA’s AVS Ayurveda Mahavidyalaya and Research Hospital, Vijayapura, Karnataka
	Ayur Thikfest 2026	Organizer	2026	BLDEA’s AVS Ayurveda Mahavidyalaya and Research Hospital, Vijayapura, Karnataka
	Anusandhana 2026	Organizer	2026	BLDEA’s AVS Ayurveda Mahavidyalaya and Research Hospital, Vijayapura, Karnataka
1	Soushruthi-2007	Delegate	14-16 december 2007 S D M Ayurveda college,Udupi ,Karnataka ,India	National Sushrutha Assosiation ,Alumni Association ,Sdmca Uddupi
2	09 th world Ayurveda congress and Arogya expo	Resource person	27/08/2022 KAHER’S Shri B.M.K Ayurveda Mahavidhyalaya ,Belagavi, Karnataka	World Ayurveda Foundation, Nasa, KLE Ayurveda, Belagavi, Karnataka
3	Nirvisha 2018	Co-Organizer	25-27 th October, 2018 KAHER’s JNMC Campus	Kaher’s Shri B.M.K Ayurveda Mahavidhyalaya

			Belagavi, Karnataka	,Belagavi, Karnataka
4	Pallava 2019	Co- Organizer	04-07 December 2023, KAHER's JNMC Campus Belagavi, Karnataka	Kaher's Shri B.M.K Ayurveda Mahavidhyalaya ,Belagavi, Karnataka
5	Swasthayu – 2K22 International Conference on Swasthavritta and Yoga	Organizing secretory	17/11/2022 to 19/11/2022 KAHER's JNMC Campus Belagavi, Karnataka	KAHER'S Shri B.M.K Ayurveda Mahavidhyalaya ,Belagavi, Karnataka
6	Madhukosha 2024	Resource person	27th & 28th December 2024 KAHER's JNMC Campus	KAHER'S Shri B.M.K Ayurveda Mahavidhyalaya, Belagavi, Karnataka
7	ACPR conference	Resource person	Academy of Comparative Philosophy and Research, Belagavi, Karnataka	Academy of Comparative Philosophy and Research, Belagavi, Karnataka

Other conference attendance data

Type of seminar	Number of conferences attended as Resource person	Number of conferences attended as Presenter	Number of conferences attended as Delegate
National	10	08	10
State level	10	12	10

Radio Talk/TV talk Programs

	Program	Topic	Station
1	KLE AYUSH series of episodes	Healthy Lifestyle	AYUSH TV, E Tv Kannada Sanjeevini
2	Series of Radio Talks	Healthy Lifestyle	BLDE Dhvani 98.6 FM Venudhwani, Belagavi, Karnataka Akashavani, Dharwad KLE Dhvani, Hubli

PAPER PRESENTATIONS:

- 01.
02. 'Importance of Brest Milk' - XXI Karnataka State Conference, Indian Academy of Pediatrics held at Gadag on 4th-6th Oct, 2002.
03. 'Prevention of Hypertension' in National conference on preventive cardiology- an integrated approach at Tilak Mahavidyalaya. Pune. Maharastra on 15th October 2005
04. 'Effect of different modules of yoga and nature cure techniques in OA' – National conference on modern approach and future trends in Yoga and naturopathy. SDM College of yoga and naturopathy. Ujire. November 12, 2005.
05. 'Samskarasya Mahatwam' - National seminar on Kaumara – 06, January 19-20, 2006. SDMCAH. Hassan.
06. 'Health and Medical Tourism in Ayurveda' – National seminar on Tourism. Annadaneshwara college of Commerece, Naregal - 24-09-09
07. 'Dinacharya – Prevention of diseases' – NRHM AYUSH Doctor Training Programme Nov 2010

Dr. Ashok Patil MD (Ayurveda Community Medicine), Ph.D (Community Medicine- Ayurveda)

08. 'Problems in Health text translations in Regional Languages' – National seminar on translation 26-27 Feb 2011
09. 'correlation and regression in Health Statistics' – Workshop on Medical Statistics at BMK Ayurvedic medical College, Belgaum on 28-29 July 2011
10. 'Mental health in Ayurveda' - National level seminar on Depression - 'Manas' – JSS Ayurveda Institute, 07-04-2017, Mysore 2017

Part III: Professional Recognitions

8a. Health Professions Education-related Awards/Honors

- Best Teacher award at DGM Ayurvedic Medical College, Gadag, Karnataka.
- E Swasthavritta Record developed and implemented for Third year BAMS, This work is one of the component of overall IT technology of the Institution and recognized with 'AYUSH IT award' by the Ministry of AYUSH, Govt of Karnataka (Certificate attached).
- **Ayurveda Vishwa Ratna** Award by prashanti Ayurveda Sanstahana at World Ayurveda Congress 2025.

9a. Health Professions Education-related Grants/Funding

Applied for FIAMER Fellowship Program at GSIC Institute, Mumbai in Hybrid Mode

10b. Other Journals

- a. Peer reviewer: AYU, UGC care listed Research Journal.
- b. Member, editorial board, KAHER Research Journal - Indian Journal of Ayurveda and Integrative Medicine KLEU

Area of Specialization/Super-Specialization:

1. **Super specialty:** Established the specialty OPD for Obesity and lipid Disorders in collaboration with Jeevanrekha Research institute.
2. Sumeda Specialty OPD at KLE Hospital, Belagavi and Coordinator for Fellowship course in Sthouya, KAHER, Belagavi (Attached as **Annexure -03**)
3. **Chief coordinator for 'Fellowship in Sthoulya' Program**
4. **Organsing Secretary** of 'Swasthaya - 2K22' International Conference held on November 19, 2022 at KAHER's Shri B M K Ayurveda Mahavidyalaya and Hospital, Belagavi, Karnataka
5. Developer of '**Suswaada**' software – customized diet and lifestyle advisory software at Swastharakshana OPD of KAHER shri BMKAM&H, Belagavi

Sd/-

Dr. Ashok Patil