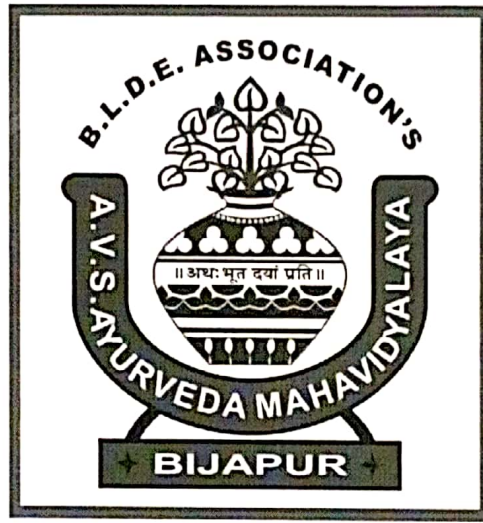


**BLDE Association's AVS Ayurveda  
Mahavidyalaya, Hospital Research Centre,  
Vijayapur Vidya Nagar, Bagalkot Road,  
Vijayapur- 586109**

**Central Library**



**QUESTION PAPERS**

**SWASTHAVRITHA**

**B.A.M.S 2<sup>nd</sup> YEAR**

**2017 / 2022**



# INDEX

SL NO	SUBJECT CODE	TITLE OF THE PAPER	PAGE NO
01	1261(FEB)-2019	Swasthavrita -I(RS-3)	01
02	1262 (FEB)-2019	Swasthavrita -II(RS-3)	02
03	1261(18-Feb-2020)	Swasthavrita -I(RS-3)	03
04	1262(20-Feb-2020)	Swasthavrita -II(RS-3)	04



# Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - FEB-2019

Time: Three Hours

Max. Marks: 100 Marks

## SWASTHAVRITHA - PAPER-I (RS-3)

Q.P. CODE: 1261

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary  
(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

### LONG ESSAYS

1 x 11 = 11 Marks

1. Write about vitamins and explain in detail about fat soluble vitamins.

### SHORT ESSAYS

5 x 5 = 25 Marks

2. Adharneeya vega
3. Brahma charya mahatwam
4. Swasthavritta prayojanam
5. Snana mahatwam
6. Ritu anusara shodhana

### SHORT ANSWERS

7 x 2 = 14 Marks

7. Anjana
8. Abhyangam
9. Arogya lakshana
10. Hamsodaka
11. Ksheera mahatwam
12. Vyayama
13. Define health.

Part - B (50 Marks)

### LONG ESSAYS

1 x 11 = 11 Marks

14. Define vyadhi kshamatwa and explain host defence in detail.

### SHORT ESSAYS

5 x 5 = 25 Marks

15. Explain epidemiological triad.
16. Mala nishkasana vyavastha
17. Define visamkramana and write about its prakara.
18. Vidyalaya bhavana varnana
19. Kuprasangaja vyadhi

### SHORT ANSWERS

7 x 2 = 14 Marks

20. Isolation
21. Causative organism of typhoid and malaria
22. Bhoosthpathana in shava vinasha
23. Ninditha Bhoomi lakshana
24. Ashudha vata lakshana
25. Water borne disease
26. Fomite

\*\*\*\*\*



# Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - FEB-2019

Time: Three Hours

Max. Marks: 100 Marks

## Swasthavritha - PAPER-II (RS-3)

Q.P. CODE: 1262

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary  
(Note: Use the same theory answer scripts for writing Part A and Part B)

### Part - A (50 Marks)

#### LONG ESSAYS

1 x 11 = 11 Marks

- 1. Write about Ashtanga yoga in detail.

#### SHORT ESSAYS

5 x 5 = 25 Marks

- 2. Write about jala chikitsa and explain its prakaras.
- 3. Yoga siddhikara and prati bandha kara bhava
- 4. Explain Sarvangasana and its therapeutic indications.
- 5. Upavasa chikitsa (Fasting therapy)
- 6. Write about the relation between yoga and Ayurveda.

#### SHORT ANSWERS

7 x 2 = 14 Marks

- 7. Bhujangasana
- 8. Chromotherapy
- 9. Jalanethi
- 10. Bandha
- 11. Mudra
- 12. Mud bath
- 13. Nouli

### Part - B (50 Marks)

#### LONG ESSAYS

1 x 11 = 11 Marks

- 14. Write about the health administration in India.

#### SHORT ESSAYS

5 x 5 = 25 Marks

- 15. Uses of biostatistics
- 16. Explain ante natal care,
- 17. National control programme on leprosy
- 18. Write about the care of new born
- 19. Barrier methods of family planning

#### SHORT ANSWERS

7 x 2 = 14 Marks

- 20. Crude death rate
- 21. Statistics
- 22. UNICEF
- 23. Hindu kushta nivarana sangh
- 24. Alma - Ata declaration
- 25. Anganwadi
- 26. Regions of WHO

\*\*\*\*\*



Rajiv Gandhi University of Health Sciences, Karnataka  
II Year B.A.M.S Degree Examination - 18-Feb-2020

Time: Three Hours

Max. Marks: 100 Marks

**SWASTHAVRITHA - PAPER-I (RS-3)**

**Q.P. CODE: 1261**

Your answers should be specific to the questions asked.  
Draw neat, labeled diagrams wherever necessary.

**LONG ESSAYS**

**2 x 10 = 20 Marks**

1. Explain role of swasthvritha paripalana in preventing life style disorders.
2. Explain methods of disposal of refuse in detail.

**SHORT ESSAYS**

**10 x 5 = 50 Marks**

3. Physical dimensions of health.
4. Role of udvartana reducing overweight.
5. Vasanta ritucharya (ahara sambandhi).
6. Mutra Vega dharana janya vyadhi laxanas and prevention.
7. Deficiency of vitamin D and its Prevention.
8. Construction and working mechanism of septic tank.
9. Method to control air pollution.
10. Standards of lighting.
11. Swasthya nashaka vyavasaya.
12. Physical occupational hazards and their prevention.

**SHORT ANSWERS**

**10 x 3 = 30 Marks**

13. Hydrogenation.
14. Swasthavritha prayojan.
15. Define and enumerate essential amino acids.
16. Benefits of anjana karma.
17. Nitya sevaniya dravyas.
18. Oral polio vaccine.
19. Define communicable disease.
20. Vector born disease.
21. Composition of air.
22. Modes of disease transmission.

\*\*\*\*\*



# Rajiv Gandhi University of Health Sciences, Karnataka

## II Year B.A.M.S Degree Examination - 20-Feb-2020

Time: Three Hours

Max. Marks: 100 Marks

### SWASTHAVRITHA - PAPER-II (RS-3)

Q.P. CODE: 1262

Your answers should be specific to the questions asked.  
Draw neat, labeled diagrams wherever necessary.

#### LONG ESSAYS

2 x 10 = 20 Marks

1. Define 'Nisargachara' and explain Jala Chikitsa.
2. Define Family Planning and write contraceptive methods.

#### SHORT ESSAYS

10 x 5 = 50 Marks

3. Pathyaapathya during Yogabhyasa.
4. Panchakosha.
5. Upavasa chikitsa.
6. Hatha Yoga.
7. Bhujangasana.
8. Role of Ayurveda in Primary Health Care.
9. Functions of PHC.
10. Universal Immunization Programme.
11. Postal Natal Care.
12. Under-Five's clinic.

#### SHORT ANSWERS

10 x 3 = 30 Marks

13. Nadi shudhi lakshana.
14. Naishtiki chikitsa.
15. Yoga sidhikara bhava.
16. Acidic Diet.
17. Jalandhara Bandha.
18. Bharat Sevak Samaj.
19. Qualitative data.
20. Anganawadi Worker.
21. Life Expectancy.
22. Mean.

\*\*\*\*\*

